- This product is a pharmaceutical product approved under a Japanese law, the Law for Ensuring the Quality, Efficacy and Safety of Drugs and Medical Devices, with a view to its sale and use in Japan.
- Multilingual product information is a translation of the product labeling written in Japanese and provided for your information only. It does not warrant that its contents and the product itself conforms to laws and regulations in countries other than Japan.
- Multilingual product information is a tentative translation by the provider (or Our Company), and may be modified or altered without notice.
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You should read this written explanation before use. Please keep it so that you can read it when you need to.





2nd Class OTC drug

Gastrointestinal medicine

Seirogan

The gastrointestinal medicine **Seirogan** is a household medicine which has been used for over a century.

Japanese Pharmacopeia (JP) wood creosote, the main active ingredient of this medicine, regulates the water balance in the intestines without stopping bowel peristalsis, and returns the intestinal environment to its normal condition.

It is especially effective for soft stool and diarrhea caused by food poisoning, water poisoning and indigestion, and for soft stool and diarrhea due to stress and cold.

This medicine comes in the form of a soft tablet containing water and crude drugs, such as JP wood creosote, JP powdered gambir, JP powdered phellodendron bark, JP powdered glycyrrhiza, and powdered citrus unshiu peel.





When not to use the product



[If you do not follow these instructions, the current symptoms may worsen, or adverse reactions/incidents may occur.]

- This product should not be taken by the following persons.
 Patients who have had an allergic symptom (rash, redness, itching, oedema, etc.) to this drug or its ingredients.
- Toothaches can be temporarily relieved with this medicine, but the product does not have a therapeutic effect. Therefore, seek treatment from a dentist immediately even if the pain subsides. When the pain ceases, make sure to take this medicine away from the cavity. Do not leave it there.

Consultation



- The following persons should contact a physician, dentist, pharmacist, or registered salesperson for a consultation before administration.
 - (1) Patients undergoing medical treatment from a physician or dentist
 - (2) Those who have diarrhea with a fever, bloody stool or persistent mucous stool
 - (3) Pregnant women, women suspected of being pregnant or nursing women
 - (4) The elderly
 - (5) Patients who have experienced allergic symptoms associated with drugs or cosmetics, etc.
 - (6) Patients with liver disease and/or renal disease
- 2. If the following symptoms are observed after using this drug, these may be adverse reactions, so immediately discontinue the use of this drug, and show this package insert (instruction leaflet) to your physician, dentist, pharmacist, or registered salesperson for a consultation.

| Related area | Symptom | |
|-------------------------|---|--|
| Skin | Rash/redness, itching, oedema | |
| Gastrointestinal system | Nausea and vomiting, constipation, loss of appetite, feeling of discomfort in the stomach | |
| Neuropsychiatric system | Dizziness, headache | |

The following serious symptoms may occur in rare cases. In such cases, immediately seek medical aid.

| Name of symptom | Symptom |
|--------------------------|---|
| Hepatic function failure | General malaise, jaundice (yellowing of skin and white of eyes), etc., may occur. |

- 3. When symptoms do not improve even after taking this medicine for 5 to 6 days, stop taking this medicine and consult a physician, dentist, pharmacist or registered salesperson, being sure to take this package insert (instruction leaflet) with you.
- 4. When a toothache does not cease even after taking this medicine once or twice, stop taking the medicine and consult a dentist. Be sure to take this package insert (instruction leaflet) with you.

[Indications]

Soft stool, diarrhea, food poisoning, water poisoning, diarrhea and vomiting, loose bowels, diarrhea due to indigestion, and toothache

[Dosage and Directions]

1. Take the following dosages with cold or warm water within 30 minutes after a meal.

| Age | One dose | Daily dose | |
|-----------------------------|------------|------------|--|
| Adults (15 years and older) | 3 pills | | |
| 11-14 years of age | 2 pills | 3 times | |
| 8-10 years of age | 1.5 pills | | |
| 5-7 years of age | 1 pill | | |
| Under 5 years of age | Do not use | | |

2. For toothache, apply 1/2-1 pills to fill the dental cavity. [Dosage and Administration Precautions]

- (1) Follow the dosage and directions.
- (2) When allowing children 5 years old and over to take the medicine, a guardian must be present, and caution must be exercised to prevent them from taking an incorrect dose or choking on it.

[Ingredients and Contents]

Every 9 tablets (maximum daily adult dosage) include the following ingredients.

| Active Ingredients | Contents | Effect |
|--------------------------------|----------|---|
| JP wood creosote* | 400 mg | Normalization of excessive colonic motility, regulation of intestinal water content |
| JP powdered gambir | 200 mg | Improvement of intestinal motility |
| JP powdered phellodendron bark | 300 mg | Improvement of gastric function, bacteriostasis inside the intestines |
| JP powdered glycyrrhiza | 150 mg | Repair of damaged gastric mucosa, detoxification |
| Powdered citrus unshiu peel | 300 mg | Improvement of gastric function |

[Inactive ingredients] Cinnamon, CMC-Ca, glycerin

For more information or inquiries, please visit our website (http://www.seirogan.co.jp/) or contact our customer service department.

[Storage and Handling Precautions]

- 1. Keep out of reach of children.
- Do not transfer the medicine to a different container. (It may lead to misuse or alter the quality of the drug.)
- Store in a cool place away from direct sunlight and keep it tightly closed.
- 4. Do not use after the use-by date indicated on the package.

Marketing authorization holder

There are two types of substances generally called "creosote": one is JP wood-tar creosote derived from beechwood trees, and the other is industrial creosote (coal-tar creosote) extracted from coal. However, these substances are completely different in terms of raw materials, components, and use. In addition, the results of carcinogenicity tests have demonstrated that JP wood creosote is not identified as carcinogenic.